

"Nature laughs at the difficulties of integration. ."

Piere-Simon Laplace

# 1

## Techniques of Integration

- The integration of rational functions

$$R(x) = \frac{P(x)}{Q(x)}, \quad \text{for } P, Q \text{ polynomials}$$

reduces to computing one of the following antiderivatives

$$\int x^n dx, \quad \int \frac{M}{(x - x_0)^n} dx \quad \text{or} \quad \int \frac{Ax + B}{(x^2 + ax + b)^m} dx$$

since any rational function  $\frac{P(x)}{Q(x)}$ , with  $\deg P < \deg Q$ , can be decomposed as:

$$\begin{aligned} \frac{P(x)}{Q(x)} = & \frac{M_1}{x - x_1} + \frac{M_2}{(x - x_1)^2} + \dots + \frac{M_{n_1}}{(x - x_1)^{n_1}} \\ & + \frac{N_1}{x - x_2} + \frac{N_2}{(x - x_2)^2} + \dots + \frac{N_{n_2}}{(x - x_2)^{n_2}} \\ & + \dots \\ & + \frac{A_1x + B_1}{x^2 + a_1x + b_1} + \frac{A_2x + B_2}{(x^2 + a_1x + b_1)^2} + \dots + \frac{A_{m_1}x + B_{m_1}}{(x^2 + a_1x + b_1)^{m_1}} \\ & + \frac{C_1x + D_1}{x^2 + a_2x + b_2} + \frac{C_2x + D_2}{(x^2 + a_2x + b_2)^2} + \dots + \frac{C_{m_2}x + D_{m_2}}{(x^2 + a_2x + b_2)^{m_2}} \\ & + \dots \end{aligned}$$

when

$$\begin{aligned} Q(x) = & c(x - x_1)^{n_1}(x - x_2)^{n_2} \dots (x - x_r)^{n_r} \\ & \cdot (x^2 + a_1x + b_1)^{m_1}(x^2 + a_2x + b_2)^{m_2} \dots (x^2 + a_kx + b_k)^{m_k}. \end{aligned}$$

- the first two integrals are elementary, and for the last one we need a change of variables  $x + \frac{a}{2} = t$  that will reduce it to

$$\int \frac{t}{(t^2 + c^2)^m} dt \quad \text{and} \quad \int \frac{1}{(t^2 + c^2)^m} dt$$

⇒ the first antiderivative is straightforward using the substitution  $t^2 = u$

- in order to find

$$I_m = \int \frac{1}{(t^2 + c^2)^m} dt, \quad m \in \mathbb{N}, \quad m \geq 2, \quad c \neq 0$$

one uses the recurrence relation

$$I_m = \frac{1}{2(m-1)c^2} \left( \frac{t}{(t^2 + c^2)^{m-1}} + (2m-3)I_{m-1} \right)$$

- Binomial integrals, for  $a > 0$  and  $ax^n + b > 0$

$$\int x^m (ax^n + b)^p dx, \quad m, n \in \mathbb{Z}, \quad p \in \mathbb{Q}.$$

are solved using Chebyshev's substitutions:

⇒ for  $p \in \mathbb{Z}$ , use the substitution  $x = t^r$ , where  $r > 0$  is the least common denominator of  $m$  and  $n$

⇒ for  $\frac{m+1}{n} \in \mathbb{Z}$  use the substitution  $ax^n + b = t^r$ , where  $r$  is the denominator corresponding to  $p$

⇒ for  $\frac{m+1}{n} + p \in \mathbb{Z}$  use the substitution  $\frac{ax^n + b}{x^n} = t^r$  where  $r$  is the denominator corresponding to  $p$

- Integrals of type

$$\int R(\sin x, \cos x) dx$$

⇒ use  $t = \operatorname{tg} \frac{x}{2}$ , which implies the following facts  $\sin x = \frac{2t}{1+t^2}$ ,  $\cos x = \frac{1-t^2}{1+t^2}$  and  $dx = \frac{2}{1+t^2} dt$

- Integrals of type

$$\int R(x, \sqrt{a^2 - x^2}) dx$$

⇒ use  $x = a \sin t$  or  $x = a \cos t$

- Integrals of type

$$\int R(x, \sqrt{x^2 + a^2}) dx$$

$\implies$  use  $x = a \sinh t = a \frac{e^t - e^{-t}}{2}$ , (where  $\sinh$  is the [hyperbolic sine](#)) followed by  $e^t = u$

- Integrals of type

$$\int R(x, \sqrt{x^2 - a^2}) dx$$

$\implies$  use  $x = a \cosh t = a \frac{e^t + e^{-t}}{2}$ , followed by  $e^t = u$

- Integrals of type

$$\int R(x, \sqrt{ax^2 + bx + c}) dx, \text{ for } \Delta \neq 0$$

are computed using Euler's substitutions

$\implies$  if  $a > 0$  use the substitution  $\sqrt{ax^2 + bx + c} = \pm x\sqrt{a} \pm t$  (any combination of signs may be chosen)

$\implies$  if  $c > 0$  use the substitution  $\sqrt{ax^2 + bx + c} = xt \pm \sqrt{c}$

$\implies$  if  $\Delta > 0$  use the substitution  $\sqrt{ax^2 + bx + c} = \pm t(x - x_1)$ , for  $x_1$  a root of  $ax^2 + bx + c = 0$

- For definite integrals don't forget to change the integration bounds according to the formulae presented below

$$\int_a^b f(u(x)) \cdot u'(x) dx = \int_{u(a)}^{u(b)} f(t) dt$$

using  $u(x) = t$  and the first method of integration by substitution

$$\int_a^b f(u(x)) dx = \int_{u(a)}^{u(b)} f(t) (u^{-1}(t))' dt$$

using  $u(x) = t$  and the second method of integration by substitution



## Solved problems

**Problem 1.** Find the antiderivative

$$\int \frac{1}{\sin x + \cos x + 2} dx, \quad \text{for } x \in (-\pi, \pi).$$

*Solution:* Using the substitution  $t = \operatorname{tg} \frac{x}{2}$  and the 2nd method of integration by substitution:

$$\begin{aligned} t &= \operatorname{tg} \frac{x}{2} \\ \operatorname{arctg} t &= x \\ d(\operatorname{arctg} t) &= dx \\ (\operatorname{arctg} t)' dt &= dx \\ \frac{1}{1+t^2} dt &= dx \end{aligned}$$

one gets:

$$F(t) = \int \frac{1}{\frac{2t}{1+t^2} + \frac{1-t^2}{1+t^2}} \frac{1}{1+t^2} dt = \int \frac{2}{t^2 + 2t + 3} dt = 2 \int \frac{1}{(t+1)^2 + 2} dt = \sqrt{2} \cdot \operatorname{arctg} \frac{t+1}{\sqrt{2}}$$

Eventually

$$\int \frac{1}{\sin x + \cos x + 2} dx = F\left(\operatorname{tg} \frac{x}{2}\right) + C = \sqrt{2} \cdot \operatorname{arctg} \frac{\operatorname{tg} \frac{x}{2} + 1}{\sqrt{2}} + C$$

**Problem 2.** Compute

$$\int \frac{\sqrt{x^2 + 1}}{x^2} dx, \quad \text{for } x > 0.$$

*Solution:* The integral can be written equivalently as:

$$\int \frac{\sqrt{x^2 + 1}}{x^2} dx = \int x^{-2} (x^2 + 1)^{\frac{1}{2}} dx$$

For

$$\frac{-2+1}{2} + \frac{1}{2} \in \mathbb{Z},$$

we apply the third Chebyshev substitution

$$\frac{x^2 + 1}{x^2} = t^2$$

via the integration by substitution method

$$x = \frac{1}{\sqrt{t^2 - 1}}$$

$$dx = \frac{-t}{\sqrt{(t^2 - 1)^3}} dt$$

Thus

$$\begin{aligned} F(t) &= \int \frac{\sqrt{\left(\frac{1}{\sqrt{t^2-1}}\right)^2 + 1}}{\left(\frac{1}{\sqrt{t^2-1}}\right)^2} \frac{-t}{\sqrt{(t^2-1)^3}} dt = - \int \frac{t^2}{t^2-1} dt \\ &= -t - \frac{1}{2} \ln \frac{t-1}{t+1} + C \end{aligned}$$

As a consequence, one gets

$$\int \frac{\sqrt{x^2+1}}{x^2} dx = -\sqrt{\frac{x^2+1}{x^2}} - \frac{1}{2} \ln \frac{\sqrt{\frac{x^2+1}{x^2}} - 1}{\sqrt{\frac{x^2+1}{x^2}} + 1} + C$$

**Problem 3.** Compute the indefinite integral

$$\int \frac{1}{\sqrt{x^2 + x + 1}} dx.$$

*Solution:* In order to use Euler's substitutions, let us first observe that  $a = 1 > 0$ , hence set

$$\sqrt{x^2 + x + 1} = x + t$$

Then

$$\begin{aligned} x &= \frac{t^2 - 1}{1 - 2t} \\ dx &= \frac{2(t - t^2 - 1)}{(1 - 2t)^2} dt \end{aligned}$$

and

$$\sqrt{x^2 + x + 1} = \frac{t - t^2 - 1}{1 - 2t}$$

Further, according to the above identities, the associated antiderivative is

$$F(t) = \int \frac{1}{\frac{t-t^2-1}{1-2t}} \frac{2(t-t^2-1)}{(1-2t)^2} dt = 2 \int \frac{1}{1-2t} dt = -\ln |1-2t| + C$$

Finally

$$\int \frac{1}{\sqrt{x^2 + x + 1}} dx = -\ln |1 + 2x - 2\sqrt{x^2 + x + 1}| + C$$

The same integral can be evaluated by the second Euler substitution, since  $c = 1 > 0$ . For this we set

$$\sqrt{x^2 + x + 1} = xt + 1$$

and therefore, solving for  $x$

$$x = \frac{2t - 1}{1 - t^2}$$

The differential element  $dx$  becomes

$$dx = \frac{2(t^2 - t + 1)}{(1 - t^2)^2} dt.$$

Plugging all these information into the given integral one obtains

$$F(t) = \int \frac{2}{1 - t^2} dt = \ln \left| \frac{1+t}{1-t} \right| + C.$$

Hence

$$\int \frac{1}{\sqrt{x^2 + x + 1}} dx = \ln \left| \frac{x - 1 + \sqrt{x^2 + x + 1}}{x + 1 - \sqrt{x^2 + x + 1}} \right| + C,$$

which differs from the previous antiderivative by a constant, most likely.

**Problem 4.** Find the integral

$$J(x) = \int \frac{dx}{(x^2 + 4)^2} dx$$

*Solution:* It is worth recognizing that this integral corresponds to the "difficult case"  $I_m = \int \frac{1}{x^2 + c^2} dx$  of the rational functions integration theory:

$$J(x) = I_2(x), \quad \text{with } c = 2.$$

Thus we either use the recurrence relation presented in this handout or we try to obtain it using integration by parts.

Now

$$I_m = \frac{1}{2(m-1)c^2} \left( \frac{x}{(x^2 + c^2)^{m-1}} + (2m-3)I_{m-1} \right)$$

hence

$$I_2(x) = \frac{1}{8} \left( \frac{x}{(x^2 + 4)} + I_1(x) \right).$$

Since

$$I_1(x) = \int \frac{1}{x^2 + 4} dx = \frac{1}{2} \operatorname{arctg} \frac{x}{2} + C$$

the conclusion follows:

$$J(x) = \frac{1}{8} \frac{x}{(x^2 + 4)} + \frac{1}{16} \operatorname{arctg} \frac{x}{2} + C.$$

 **Proposed problems**

**Problem 1.** Find the antiderivatives

i)  $\int \frac{5x - 3}{x^2 - 2x - 3} dx$

ii)  $\int \frac{\cos x}{1 + \cos x} dx$

iii)  $\int \frac{1}{\sqrt{(x-1)^3(x-2)}} dx$

iv)  $\int \frac{1}{x + \sqrt{x^2 - x + 1}} dx$

v)  $\int \frac{x^8}{\sqrt{x^3 - 1}} dx$

vi)  $\int \frac{1}{1 + \sin^2 x} dx$

vii)  $\int \frac{x^{10}}{\sqrt{x^3 - 1}} dx$

viii)  $\int \frac{dx}{x\sqrt{x^2 + 2x + 5}}$

**Problem 2.** Compute the definite integrals

i)  $\int_0^\pi \frac{x \sin x}{1 + \cos^2 x} dx$

ii)  $\int_0^1 x^2 \sqrt{4 - x^2} dx$

**Problem 3.** Evaluate the following integrals

a)  $\int \cos(15x) \cos(10x) dx$

b)  $\int \frac{\sin^7 x}{\cos^4 x} dx$

c)  $\int \frac{x^2 + 4}{3x^3 + 4x^2 - 4x} dx$

d)  $\int \frac{x^3 + 10x^2 + 3x + 36}{(x-1)(x^2+4)^2} dx$